

IRMA AND DISTRICT HOME TOWN  
NEWSPAPER FOR THE PAST  
TWENTY-SIX YEARS

# IRMA TIMES

READ IN THE HOME OF EVERY  
RESIDENT IN THE IRMA  
TRADING AREA.

Vol. 28 No. 4

Irma, Alberta, Friday, July 24th, 1942

\$2.00 per year in advance; 5c per copy

## News of Our Boys

Wesley Parsons, who was home on leave recently, started for the east again last Tuesday night. While home neighbors and friends put on a farewell party for him. Howard Parsons was also home on leave at the same time. Arthur Likness of the R.C.A. S.C. at Red Deer spent his furlough with his parents, Mr. and Mrs. Geo. Likness. Geoff Inklin was home on short leave last week-end. Melvin Knudson, air force trainee, is home on leave recuperating from a sick spell. Ray Locke, who has finished his course at a Manitoba air station, arrived home on two weeks furlough, after which he will report for duty at an east coast station. Arthur Larson received his wings and a commission at the Calgary air school on July 17. It is reported that he, too, will be sent to an east coast station. Gordon Schlitt of Wainwright received his wings and a commission at the Claresholm air school on July 15. Gerald Taylor, of Fabyan, formerly on a ground crew at the Claresholm air school has re-mustered and will start training for a pilot. Charles DeTro was home on leave from Edmonton this week. He was accompanied by Mrs. DeTro.

## CARD OF THANKS

The sports committee of the Irma Ladies A.F.U. wish to thank the ladies of the district who helped make our sports day such a success by contributing pies, cakes, and doughnuts. And also those who helped so willingly in the booth. We wish also to express our thanks and appreciation to those who so generously supplied the music for the dance. To each and all we say "Thank you."

## SCRAP METAL IS URGENTLY NEEDED

The U.G.G. elevator agent in Irma has been authorized to weigh and pay for all scrap metal delivered in Irma. The price is \$7.00 per ton delivered. This scrap is being bought by Wartime Salvage Ltd., for the department of munitions and supply. No sheet metal wanted. Bring in your scrap metal at once. Scrap rubber to be delivered to P. E. Jones, Imperial Oil agent. Let's get in the scrap.

If doors or bureau drawers stick in hot weather, a little wax rubbed on the surface where friction occurs will make them open and shut more easily.

## Attention Farmers

Those who will be needing lumber for granaries this fall please send your requirements to the IRMA LUMBER CO. as soon as possible, so it will enable us to estimate about how much lumber to make arrangements for.

C. L. FEERO, Prop.

Three part of your change in WAR SAVINGS STAMPS



from YOUR GROCERY, DRUG AND TOBACCO STORES—ALSO RESTAURANTS, BAKERS AND POST OFFICES

## Obituary.

### VICTOR LACOURTUS NASH

Mr. Victor Lacourtus Nash passed away on Monday, July 13, at his farm home northwest of Irma. Mr. Nash was born in 1858 at Napoli, New York, where, in his younger days, he was a school teacher. Later he moved to Chautauqua and for a number of years was a contractor and builder. He was married twice. From the first union two sons survive, James, of New York, and Fenton, of Irma. Later he married Katherine Lehmann, and 1908 they moved to the Irma district where they have resided ever since. Mr. Nash was a great lover of music, himself being a musician, and he also took a keen interest in world affairs. The funeral service was held on Wednesday at 2 p.m., in the United Church. The Rev. Longmire officiated. Interment was made in the Irma cemetery. Pall bearers were Messrs. Howard Peterson, Ted Stockton, Lou Hager, Bill Stewart, Rick Larson, and Carl Larson. He leaves to mourn his loss his wife, eight children and ten grandchildren.

Beautiful floral tributes were received from: Wife and Family; Lawrence and Elsie Fenton; Mr. and Mrs. L. J. Gwin and Esther; Rick, Bessie and family; Mr. and Mrs. J. H. Archibald, Irene and family; Mr. and Mrs. Jack Fletcher and Jackie; Mr. and Mrs. A. Fuschko and family; Mr. and Mrs. A. E. Peterson and family; Mr. and Mrs. Art Gwinn; Mr. and Mrs. R. Herbert, Robert and family; Mr. and Mrs. W. D. Massey and family; Mr. and Mrs. Pete Seilstadt and family; Mr. and Mrs. W. N. Fricke; Mr. and Mrs. J. Dubas; Mr. and Mrs. Hugh Kennedy; Charlie, Grace and family; Howard, Ina and family; Gwendolyn Burton; Mr. and Mrs. Jerry Jones and family; Mr. and Mrs. Ted Stockton and family; Mr. and Mrs. Carl Larson; Mr. and Mrs. Lou Hager; A. E. Foxwell and wife; Mr. and Mrs. Robert Smith; Mr. and Mrs. Wilbert Myers.

## CARD OF THANKS

We wish to express our sincere appreciation to all those who so kindly helped during our recent sad bereavement. We thank Rev. Longmire for his comforting words and those who sent the beautiful floral offerings and messages of sympathy.

To one and all we extend our most grateful thanks. Mrs. V. L. Nash and Family.

Radiograms by AL McKENZIE

Tuesday evenings at 7:30 on C.J.C.A. the radio spotlight swings to Meredith Willson, who currently presents one of the summer season's most popular programs. Featured as a summer replacement for vacationing Fibber McGee and Molly, Willson combines with news commentator John Nesbitt to provide a fast-moving half hour that's packed with interest and charm. And, from a personality angle, the program provides a noteworthy reunion for the three principles, Willson, Nesbitt and producer Cecil Underwood, who, as C.J.C.A. listeners know, have met before.

Charming and talented Anne Seymour, who plays the title role in "The Story of Mary Marlin" (Mondays through Fridays at 1:00 p.m. on C.J.C.A.) has made a notable attempt to plant up for victory. At her little farm in the Connecticut hills, Miss Seymour has put in three gardens—one for the rabbits, one for the Mexican beetles and one for herself. But so far, the only "victory" connected with the gardens has gone to the wild creatures.

Before heating milk in a saucepan, rinse the pan with water and the milk will not scorch so easily.

## Wainwright S. Div.

### WAINWRIGHT SCHOOL DIV. HOLD BUSY SESSION

Minutes of meeting of the board of trustees of the Wainwright school division No. 32, held June 25. Trustees present—H. E. Spencer, J. C. McLean, T. Sanders, P. E. Dixon, and M. J. Nicholson. Mr. J. F. Watin, school superintendent, was also in attendance.

Nicholson—That the minutes of May 2 meeting be adopted as submitted. Cd.

Sanders—That the matter of fence repairs at St. Jean Baptiste school be left in the hands of Mr. Nicholson. Cd.

McLean—That Mr. V. J. Swanson be asked to attend the next board meeting to discuss repairing desks. Cd.

Spencer—That the offer of Mrs. Beik to sell phonograph for \$8.00 be accepted. Cd.

Sanders—That the usual advertisements for tenders on coal supplies be inserted in the local papers and the Edmonton Journal. Cd.

Sanders—That Mr. P. McNabb be granted one years leave of absence, subject to renewal at his request. Cd.

Dixon—That the list of proposed teachers' allocations be approved. Cd.

McLean—That the action of the chairman in calling the informal emergency meeting on May 26 be approved and that the minutes of that meeting be incorporated in the minutes of this regular meeting. Cd.

Sanders—That the minutes of the meeting of divisions held at Viking, June 5, 1942, be adopted and the report of the delegates to that meeting be accepted; and further, that the election of the following officials of the association be confirmed: H. E. Spencer, chairman; C. E. Thompson, vice-chairman; J. F. Watin, secretary. Cd.

Dixon—That the action of Mr. H. E. Spencer in attending the meeting of the central branch No. 4 of Divisions held at Lacombe, on May 29, be approved. Cd.

Dixon—That the action of Mr. McLean in attending the Edmonton meeting of the A.S.T.A. on June 17 be approved and that the report of the meeting be accepted. Cd.

Sanders—That the trustees reports on summer improvements be accepted. Cd.

McLean—That the barn at Arm Lake school be moved to town at the price of \$75.00 for moving, tendered by Mr. L. Myers. Cd.

Sanders—That accounts payable in the amount of \$7,612.83 be approved for payment and recorded in the minutes. Cd.

McLean—That the pump and pipe at Browning school be sold at half of new price. Cd.

Nicholson—That crested wheat grass seed be obtained for Cresthill school yard. Cd.

Dixon—That Mr. Spencer, Mr. McLean and Mr. Sanders act as delegates to the branch convention July 6, 1942. Cd.

Nicholson—That the list of additional accounts in the amount of \$363.13 be approved for payment and recorded in the minutes. Cd.

Dixon—That Mrs. M. Lally's piano be purchased at the price of \$125.00 for Plaxtonville school district. Cd.

Spencer—That Mrs. Arthur Caron's piano be purchased at price of \$100.00 for Aspen school district when local board requests it and authorizes charging the cost to trust account. Cd.

Sanders—That the meeting adjourn. Date of next regular meeting to be July 16, 1942, at 9:30 a.m. Cd.

Indications are that an election contest will be staged in Edmonton to fill the vacant legislative seat caused by the death of D. M. Duggan, Independent member and former Conservative leader. C.C.F. supporters have already nominated a candidate and the Independents have stated they will do likewise. A meeting of the government supporters has also gone on record as favoring an entry, in the event of there being no acclamation to an Independent.

## Wedding Bells

### CHARTER—JUDD

A very pretty wedding was held at the home of Mr. and Mrs. J. H. Hayter, on July 19, when their second daughter, Dorothy Helen, was given away in marriage by her father to AC. Philip Francis Charter, youngest son of Mr. and Mrs. A. C. Charter of Irma.

The ceremony was performed by the Rev. T. Musto, on the lawn under an arch of beautiful flowers.

The bride looked charming, attired in a sheer gown of heavenly blue with accessories to match, and carried a bouquet of roses and carnations.

The wedding march was played by the groom's father, Mr. Arthur Charter.

During the signing of the register, Mrs. Pryce Jones, the bride's aunt, sang "I Love You Truly," accompanied by Mr. Judd.

Afterward a reception was held at the bride's home, which was tastefully decorated with streamers, bells and flowers.

The three-tiered wedding cake flanked by vases of sweet peas and orange blossoms centred the bride's table. The Rev. Musto proposed the toast to the bride, which was fittingly replied to by the groom.

Later the happy couple left to take the train from Wainwright where the groom is stationed.

Out of town guests were: Mr. and Mrs. Arthur C. Charter, Mr. and Mrs. Pryce Jones and daughter Kathleen, Mr. and Mrs. R. H. Smith, Mr. and Mrs. Fred Jack, and Mr. T. E. Yarr, all of Irma, Alberta.

## IT SET HIM THINKING

A Rad's Comedian in A Serious Mood

(From the New York War Cry)

"I noticed a very interesting, Eddie Cantor, while broadcasting in Los Angeles not long ago, stepped before his audience at the close of his program, and remarked:

"We've had a lot of fun here tonight, ladies and gentlemen, and now, if you'll permit me, I'd like to say something more serious."

"Here in Los Angeles a few days ago we had a rather disturbing windstorm. I was walking along Sunset Boulevard at the time, and like other pedestrians, I ran for cover as a gale swept down. There were a number of stores nearby, but something guided me toward a building across the street. I stood there in the archway several minutes, I guess, before I realized where I was. I had taken refuge in the doorway of a church—and it set me thinking.

"The world today is going through something far more threatening than a windstorm. Every single one of us needs refuge of one kind or another. And I know of no better place to go for it than to church. You know, the church must be a very strong and righteous thing—for it has survived every enemy it ever had. And the book which embodies the principles of the church—the Bible—is still at the top of the best-selling list.

"We are extremely fortunate to live in a country where we can worship as we please, when we please. Let's make the most of this blessing. Go to church—whatever your race or creed. You will meet old friends—and make new ones. The greatest calamity that can befall a people is the loss of religion. Don't let it happen here. Go to church."

The necessity of calling men for military service is recognized by those reporting on labor conditions. However, several reports mention the need of leaving sufficient labor on farms to maintain production of agricultural commodities, or a delaying of calling on farm labor until the busy seasons of the year are past. Greater co-operation between individual farmers, doubling up on outfits and similar ideas are put forward. The releasing of men from training for the harvest period is suggested and some other recommendations are that of releasing rural high school boys for part of the month of September.

## BANK OF MONTREAL

### CROP REPORT No. 5

Exceptionally favorable weather conditions during the past week have maintained the promising outlook in the prairie provinces. There is ample moisture. Wheat stands are heavy to medium; the wheat is well into the shot blade and heading is occurring in most districts. Coarse grains show excellent promise. Potato and root crops are very good. Fodder crops and pasture are in exceptionally good condition. There have been scattered hail losses. Damage from other causes is slight, but weeds are prevalent and there is an extensive sawfly threat in southwestern Saskatchewan and south-western Alberta. In the province of Quebec, conditions are satisfactory and the outlook continues very favorable, although cool weather with rain during the past week retarded growth somewhat and interfered with haying. Harvesting of hay is well advanced and a heavy crop of good quality seems assured. Pasture continues excellent. Moisture conditions are satisfactory. Warm dry weather would be beneficial. In Ontario recent higher temperatures have been beneficial and crop conditions generally continue favorable, although warm rains are needed in some eastern sections. Cutting of fall wheat has commenced in a few districts and a good yield is anticipated. Haying is nearing completion. Corn and root crops are developing satisfactorily. Peaches, grapes and cherries show good promise but the yield of apples, pears and plums will likely be below average. In the maritime provinces, all crops are growing well with potatoes and roots in general further advanced than usual. The hay crop is heavy, while the yield of apples, owing to irregular set, may be less than average. In British Columbia, conditions generally are satisfactory and indications continue to point to better-than-average crops for grain, root crops, fruit, cereals and most tree fruits. Alberta—Crops are developing satisfactory under favorable growing conditions. Rains have been received in central and northern areas and moisture conditions are generally good. Wheat is heading rapidly and growth of coarse grains is favorable. Scattered hail losses are reported but the acreage destroyed is not large. Sugar beets are making good progress.



## Church News

UNITED CHURCH  
Albert—Public worship 11:30 a.m.  
Alma Mater—Public worship 3:00 p.m.  
Irma—Sunday school 11 a.m.  
Public worship 8 p.m.  
A hearty invitation is extended to all these services.

Jarrow-Kinsella United Church  
"Hallowed be Thy Name."  
Kinsella—11:00 a.m.  
Jarrow—12:30 p.m.  
(Communion)

## Christian and Missionary Alliance

Rev. G. A. Skitke, district superintendent of the Christian and Missionary Alliance for western Canada, will preach in the tabernacle in Irma on:  
Sunday, July 26, 8:30 p.m.—Gospel Message.  
Monday, July 27, 8:30 p.m.—Films and gospel message.  
A cordial invitation is extended to you.

## SHARON LUTHERAN CHURCH

Divine service at 11:30.

## Irma Times

Published every Friday by the Times  
Publishers, Irma, Alberta.  
E. W. CARTER, Local Editor.

IRMA LUMBER CO.  
Lumber and Builders  
Irma Phone No. 97  
At Irma every second and fourth Friday of each month.

## LUMBER AND THE WAR NEEDS

The tremendous and increasing demand that the war has made and is still making on the stocks of lumber has caused a considerable curtailment in ready supplies. As a consequence our stocks are bound to be more or less broken from time to time. All retail lumbermen are doing all that is humanly possible to get supplies for agricultural use. There is every reason to hope that the government, through the Timber Control Board, will seek a speedy relief to the problem. We ask our customers to have patience and to have confidence in our ability to supply their needs. We assure you that we are doing our very utmost.

IMPERIAL LUMBER COMPANY, LIMITED  
H. L. BLACK, Agent

## MUNICIPAL DISTRICT OF WAINWRIGHT

## Municipal Notice Farmers Please Note

That the Secretary and Assistant of the Municipal District of Wainwright, No. 392, will be in Irma, Edgerton and Chauvin on the days and time set out hereunder for the purpose of taking Statements of Claim under the Wheat Acreage Reduction Policy of the Dominion Government.

It is also well to note that THIS YEAR your Statement of Claim constitutes your Claim under Prairie Farm Assistance in place of the usual Cultivated Acreage Report, so it will be necessary for everyone to complete a Statement of Claim whether you have any Wheat Reduction or not.

We Will Be:  
IN IRMA—Tuesdays, July 21st and 28th, at ten o'clock a.m.  
IN EDGERTON—Thursdays, July 23rd and 30th, at Ten o'clock a.m.  
IN CHAUVIN—Saturdays—July 25th and August 1st, at Ten o'clock a.m.

BY ORDER,  
H. U. TAYLOR,  
Secretary-Treasurer.

## Co-Operation For Victory

EVENTS OF THE PAST three years have taught an unforgettable lesson in the value of collective security. Familiar to us all is the tragic story of the fall, one by one, of the small nations of the Old World. It is now clear that the story might have been different had they foreseen their danger and presented a united front before the onslaught of the common enemy. It is gratifying to see that those nations still free of the Axis yoke have learned the lesson and that they are working closely together in the prosecution of the war. Canada is co-operating fully with the other free nations. Between the United States and Canada there has grown up a degree of co-operation in production and defense which sets a fine example in the breaking down of barriers between friendly nations in these critical times.

### Joint War Production

Through the Joint War Production Committee, Canada and the United States have co-ordinated their productive capacity in order to bring their maximum output of war materials to the peak as soon as possible. How full their co-operation in these matters is, is illustrated by the fact that all priority orders issued in the United States, apply automatically in Canada, and thus the war industries of both countries share equally in this important factor of production. The Joint Production Board, recently set up by Britain and the United States, was formed on the pattern of the agreement which exists between Canada and the United States.

### Resources Of Two Nations

Edward A. Locke, assistant to Donald Nelson, chairman of the American War Production Board, visited Canada recently and he gave some interesting facts concerning the joint effort being made in his country and Canada. Of our co-ordinated war effort, he said: "Our two countries have given a striking example of the way in which the resources of two great nations can be tied together to provide the strength of a united effort. It was a natural development; threatened by a common danger, we joined in a common action to meet it. Out of our experience has come a new plan of collaboration into which all free nations can fit." Not only in production but in defense, have the two nations joined and our coast lines and outposts are being guarded by a joint plan of protection. It is clear that if peace is to be maintained in the years following the war, it will be through a plan based on the principle of collective security. Many barriers which have existed between nations will have to be removed and the example set by the people on this continent may help to make the pattern for that new world order.

### Anonymous Heroes

Two Soldiers Deprived Nazis Of Valuable Supplies At Tobruk. British army and navy men who escaped from Tobruk aboard the South African minesweeper Parktown said two anonymous heroes deprived the Germans of valuable supplies by blowing up the docks and themselves.

From far out in Tobruk Harbor, they saw the pair moving on the opposite end of the docks loaded with munitions and oil. Together, they pushed down plungers setting off five tons of explosives under the wharves. "There was a blinding flash, the loudest roar I ever heard, and everything around the harbor went up in bits, including the two boys," one soldier said.

He added that the concussion rocked the ship and must have leveled what was left of the town.

The shorthand system of writing has been traced back to the year 63 B.C.

Sixteen thousand horses died of influenza in New York city in 1872.

### Higher Milk Production

Will Depend Mainly On Good Hay Crop This Year. To get the five per cent. increase in milk production which Canada needs this year, an extra good crop of hay will be needed. A rule of thumb by which to gauge how much should be on hand is: 2½ tons of legume hay for each cow in the herd next winter. 1½ for each yearling, ¾ ton for each heifer 6-12 months old, and ¼ ton for each calf under six months.

### Another Problem

Razor Blades Can Be Reconditioned But What Happens Then. Wartime shortage of steel has partly solved the peacetime puzzle of what happens to old razor blades. The answer—at the moment—is simple. They become "razor blades." Firms are buying thousands, at 25 to 50 cents a pound, from hotels and restaurants. They are reconditioned and resold. But there's another problem now. What happens to the twice-used blades?

### Disease Carriers

The Only Good Fly Is Most Certainly A Dead Fly

This has been said, at times, of other pests but never with more truth. Flies are the scavengers of the world. Right now, on many war fronts, as carriers of disease and death, they constitute a major problem facing the military medical departments.

And here, on the home front, notwithstanding the warnings of health experts, medical men and scientists, there will again be too little attention paid to the problem of guarding against the fly menace. Do you realize that every manure pile, every exposed garbage tin, every refuse heap on which flies delight to browse around, is a potential source of fatal contamination? Do you know that the bacteria on one small fly's body may number 5,000,000, that flies are, possibly, the most prolific breeders in the insect kingdom, that their favorite habitat is the place where most filth abounds and that, if the opportunity comes their way, they will carry disease-breeding germs into home and store and deposit them on food, drink and human beings? In fact, they are the carriers of typhoid, typhus, cholera, dysentery, and other diseases. So, don't only protect your home by trying to keep them out. Make doubly sure by deciding to wipe them out!

### Would Puzzle Nazis

Nice Thing About Democracy Is Willingness To Correct Errors. One nice thing about living in a Democracy is that if it does make a political mistake concerning you, personally, it may be corrected. It isn't generally known perhaps, but about 500 of the enemy aliens Britain sent to Canada for internment have been returned to England as free men. The original evidence against them, on review, failed to carry weight. Considering all the trouble involved in getting at the facts and then transporting the group across the Atlantic (where ship tonnage is at a premium), this procedure is unquestionably beyond any Nazi's ability to comprehend.—Detroit Free Press.

The colors on the wings of butterflies are the result of the arrangement of innumerable and minute scales.

## The Individual Citizen's Army

A Weekly Column About This And That In Our Canadian Army.  
By Alan Maurice Irwin

When I came home from the last war I heard a lot of grumbling about some fellows who had spent the war years working in munitions plants. It wasn't the soldiers who complained—they simply said: "Lucky stiff, that's what I would have done if I had had any sense"—it was the older civilians. They seemed to feel that it was wrong for some people to have earned "high wages" while others did the fighting. Just who should fight and who should stay home is a hard problem—and one that is really solved only by those who volunteer.

No columnist is in a position to make a forthright statement on the subject because he cannot know all the circumstances that lead to an individual's decision. Neither, I suspect, can anyone else be arbitrary on the subject.

But we can all wonder. And this is the sort of thing that makes us wonder: A few days ago Paul V. McNutt, federal security administrator in the United States, said to an audience at a meeting of the American Medical Association that the United States needs 3,000 doctors every month for the Army and Navy.

He said: "There is an apparent lack of interest on the part of your profession to volunteer because of reluctance to give up private income for army pay."

That was a strong statement, but McNutt is not noted for withholding his punches.

We civilians don't need doctors as badly as will the soldiers when the big battles get under way. For a tummy-ache or a broken leg we can wait a few minutes or hours if the civilian doctors have to spread their talents over more of us. But a shell-torn soldier can't wait. If there should not be enough doctors in the army to give prompt attention to badly wounded men because too many stayed-home to look after us it would be a tragedy.

Perhaps we ask too much of our medical men. We take it for granted that they will come at whatever hour of the day or night we call; we take it for granted that they will come when we call. We have a record of paying our bills or not; and we also take it for granted that they will give quite a bit of their time to free clinics.

The Army needs doctors. So does the Air Force. This year quite a number of young men finished training and new shingles will be cropping up all over the Dominion. Let's hope that a good percentage of these shingles will take the form of pips on the shoulders or rings around the cuffs—I'd hate to think of a Canadian public man making a speech like that of Paul McNutt.

It all gives one very furiously to think.

What are we doing to help along the successful prosecution of the war?

Are we feeling that because there is nothing spectacular we can do that the little things are not worth while? We do sometimes, and it's too bad.

That old saying, "Money a mickle makes a mickle," was never more true than when applied to the work of the individual citizen in a war.

Take this business of voluntary rationing, for example. You've heard people say: "We only drank two cups of tea before it was rationed. Even if we do cut down to only one how much shipping space will that save?" It will save very little—But, multiply that one cup by 13,000,000 and see what the saving is then!

Let's work it out. The saving of one cup of tea by every Canadian, taking 200 cups as equalling one pound, means a saving of 32½ tons of tea every day. A ton of tea occupies approximately 100 cubic feet of cargo space—so our one cup of tea saves 3,250 cubic feet.

What can a stevedore do with 3,250 cubic feet? Well, roughly speaking, that is a pile eight feet high, 20 feet wide and 20 feet long. It would accommodate two Valentine tanks or goodness knows how many cases of rifles or Bren guns. The stevedore could load about 80 one-ton aerial bombs in the same space or eight Universal Carriers.

One cup of tea a day. Multiply it by 365 days! Not bad? No, it's not but it's only a fraction of the cargo space that can be saved if, all of us, cut our tea consumption in half!

Of course it isn't spectacular; this voluntary contribution that works no hardship on us, but it is another way in which the Individual Citizen's

### Material And Labor

Will Be Saved When Ice Cream Is Banned In Britain

The Ministry of Food, steadily making Britons' meals more and more austere, has announced that the manufacture of ice cream will be banned after Sept. 30. This move, the Ministry said, will save quantities of fats and sugar, more than 1,500 ice cream makers will be freed for work in war factories, transport and refrigerated space will be saved and thousands of tons of paper used for wrapping will be conserved.

Colonies of insects which feed on the banyan and other oriental trees produce the animal resin known commercially as lac, base of shellac.

### GEMS OF THOUGHT

#### CAPACITY FOR GOOD

Goodness consists not in the outward things we do, but in the inward thing we are.—Chaplin.

The reality and individuality of man are good and God-made, and they are here to be seen and demonstrated; it is only the evil belief that renders them obscure.—Mary Baker Eddy.

Man's capacities have never been measured; nor are we to judge of what he can do by any precedents, so little has been tried.—Henry David Thoreau.

The reward of one duty is the power to fulfill another.—George Eliot.

The expectations of life depend upon diligence; and the mechanic that would perfect his work, must first sharpen his tools.—Confucius.

We cannot afford to be halfway in anything. The whole-hearted man is the one who succeeds in this world.—Mary E. Mizer.

## Flavours... but so elusive

WHEN THAT DELICIOUS ROAST BEGINS TO COOL... THEN FLAVOUR AND MOISTURE STEALTHILY SLIP AWAY. KEEP THAT FLAVOUR AND MOISTURE IN YOUR MEATS... BY WRAPPING THEM IN

FOR YOUR HEALTH BOOK. A medical yarn, probably apocryphal, tells about a group of loafers in the far East whose aloofness was such that they didn't even trouble to wash their rice. Across the way a group of highly refined women lived in daily disapproval of the neighbours who weren't fussy about their food. These women ate nothing but the most highly polished rice. Unhappily, all the women came down with beriberi while the loafers grew fatter and fatter. This led an inquiring scientist to the discovery that essential vitamins are carried in the outer shells of grains and cereals. In the western world the problem has been somewhat the same. Nowadays people who wish to be healthy in the face of rising prices and higher taxes, are returning to simpler foods whose vitamin potencies have not been destroyed by excessive refinement. Because of impending shortages in other foods, Hon. J. G. Taggart, food administrator under the War Time Prices and Trade Board, has urged Canadians to eat more bread. If we are to do so we should make sure it is bread rich in vitamins. Such is real whole wheat bread. Adult daily requirement of Thiamin or vitamin B1 is placed at least 500 international units. Generous use of real whole wheat bread helps secure this essential, as it is the richest bread source of B1. A single slice of it yields 30 international units while a slice of refined white bread yields only one sixth the vitamin potency—5 international units. Other varieties of bread, shown in a comparative table calculated by Dr. E. W. McHenry, chairman of the nutrition division of the Health League, show vitamin content in order of importance:—

McHenry Memorandum concerning different types of bread with special reference to Thiamin content:—

International Units of Thiamin (B1) in breads

	1 slice	1½ lb. loaf	1 lb. loaf
Refined White	5	120	80
Canada Approved White	13	250-350	208
Canada Approved Brown	18	375	250
High Vitamin Yeast (White)	22	475-575	352
Ordinary Brown Bread	18-30	450-490	350
Whole Wheat Bread	30	720	480

With reference to other elements in the Vitamin B complex, the B12-vitamin content varies with the amount of milk in the loaf. With reference to nicotinic acid, there is more in whole wheat bread than in any enriched bread.

Other sources of essential vitamins are charted on a referential vitamin chart, suitable for framing, which may be had free on postal card request to Western Division Health League of Canada, 111 Avenue Rd., Toronto, Ontario.



HELP CANADA KEEP FIT

**"I MUST KEEP FIT  
-TO DO MY BIT!"**



Thousands of Canada's war workers start their day with two Nabisco Shredded Wheat and milk every morning. It's made from 100% whole wheat, including all the bran, minerals, and wheat germ. It's ready to eat, ready to give you all the nourishment and food-energy of pure whole wheat.

Eat Nabisco Shredded Wheat, with milk, every morning. It will help keep you active and on the job every day!

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.  
Niagara Falls, Canada

**NABISCO  
SHREDDED WHEAT**

**"ALL THAT  
GLITTERS"**

— By —  
**ANNE TEDLOCK BROOKS**

CHAPTER XXX.

From her chair in the cabin, Tamar could see the greeting between Therese and Louise. The big man got out of the cockpit of the plane, dressed in aviator's uniform. Therese threw herself into his arms and Tamar knew that she was crying. Shock touched her fleetingly. Yesterday she would never have dreamed that Therese was the clinging-vine type.

Louise swept her to him and strode towards the cabin. He must be a queer mixture to love Therese so, and be able to harden himself for the kind of crime he had just committed. Tamar heard the door open and his voice: "Got some steaks for Louise, Sweetie? I'm famished."

Therese closed the kitchen door and they continued to talk in low tones. Presently Louise came into the main room and looked at Tamar. "Therese keep you company, Babe?" "Very good company," Tamar said obligingly. In the same tone that she might have continued the conversation by saying: And you? Did you have a good trip? She saw the look of a sleepless night about his eyes, and the strain of worry about his tightened lips.

"Arrangements are made. I'll get you back home before much longer. But I've got to get some sleep tonight. If you can stand our hospitality one more night, I'll see that you sleep tomorrow night at Shadwell. O.K. by you?"

Tamar tried to smile. "And if I should say no, would it make any difference?"

"Sorry. It would not." "Then it's O.K. by me," Tamar said. She bit her lip to keep from asking if he had seen her father or had any message from him. How would Louise get her back to Shadwell without being intercepted? Would they fly again, or would he take the risk?

During the afternoon a light snow fell and the wind howled down the big chimney. It grew dark early, and Therese and Louise played a game of honeymoon bridge. Tamar tried to read, but the words blurred and the

pages had a way of not getting themselves turned.

She hungered for Shadwell and all that it meant to her. She had thought upon her mother's death that it would never be the same again, but knew now that Shadwell was part of her and that she would never want to exist without it.

But somehow since the Cricket Bill had been opened and the mining operations begun, Shadwell had been different.

She could not analyze it just yet. There was confusion in her thoughts when she remembered the strong features of Christopher Sande. Her heart had never behaved right since his first appearance, and she had known when he spent the week there that most of her thoughts kept returning to him.

"You poor darlin'," crooned Therese's voice suddenly. "You're tormenting yourself with these cards. Off to bed with you!"

Tonight Tamar slept with her hands free, but the furniture was changed about in the main room as on that first night. Louise could still take no chances about her escaping.

Tonight Tamar did not sleep at all. She was afraid that some time during the negotiations of exchanging her for the ransom, that Ransom or her father or some of the State police would try to capture the abductor. And she knew that Louise had no qualms about using the gun he kept in his pocket.

The sun was slow about rising, but finally appeared over the hills and sent a warm glow down, melting the rest of the light snow. Louise prepared to take off in the plane about 7:30.

As he went out of the door he looked back briefly and said grimly: "If your father has played square with me, all's well. But by heaven! If he hasn't you'll never see him again."

There came back after the plane had taxied down the makeshift runway and taken off into the wind. "We'll get going pretty soon now." Therese dressed in a warm woollen slacks suit and gave one to Tamar. "Here, this will be better for you. You could keep it as a memento of our visit. Real size 14. Just right, and very becoming to your coloring." She rummaged in another closet in a corner of the main room and pulled out a short fur jacket. "This will help until we get out of the hills."

Just before they left the cabin, Therese blindfolded Tamar. Much as she hated to submit to it, Tamar knew that not only her own safety lay in carrying out their plans, but perhaps the lives of some one back home depended upon it.

The leather of the car seat was cold and Tamar shivered. She had not even seen the road upon which Therese had entered the valley but realized that it must be a winding one and that its entrance was concealed by the cabin.

They seemed to be climbing at first. And then they dropped down rapidly and Tamar knew that Therese must be an expert driver. She could feel the sun against her face through the glass in the window. Therese drove silently.

Tamar could not tell anything about the directions. Once they seemed to be going East, but afterwards they turned and curved in so many different ways that she had no idea where they were heading. They did not stop for perhaps an hour, and Tamar could tell that most of the time on the straight road that they were driving at least 70.

The car slowed and Therese leaned over and said: "I'm taking off your blindfold while I get gas. But don't

you try anything, or it will be just too bad."

Tamar said: "I won't try anything. My life isn't so important but I don't want anything to happen to any one at home."

"That's smart. Because I'm to write Louise how you behaved." At a little inn a half hour later the blindfold was removed once more and Therese waited while an attendant brought her a long envelope. It contained something more than the yellow telegram. Therese read it quickly and wrote a wire to be sent. "The address is on it," she said.

Tamar could see the license of passing cars indicated that they must be in Georgia. Just where she could not tell. The sign said Toll Bridge Inn. She printed the appearance of the place on her mind. But, of course, she realized that a telegram could be sent there without being extraordinary.

They were off again. Therese saying: "I'll give you instructions, and believe me, you'd better follow them to the letter."

There was a new note in her voice once more. It was a mixture of the old bravado and although it seemed pierced with nervous tension Tamar knew that she had received good news from Louise. She wondered what else had been in the envelope.

"Take off the scarf and put on the dark glasses from the glove compartment," Therese said.

Tamar fumbled with the knot and slid the scarf down. Then she gave a swift look about the highway, before she opened the compartment. The dark glasses were almost as bad as the scarf, she thought, wondering why Therese had not had her use them all along.

Tamar heard the roar of a big-motored transport high above them and dimly she saw through the glasses they were approaching a small town. Then traffic grew thicker and Therese wore expertly in and out of it.

Presently the car stopped and Therese said: "You're going to get on that transport. Here's your reservation. You'll get off at Atlanta. It will be known that you will arrive by plane, so there will be no delay." She took the reservation out of the envelope and handed it to Tamar.

"No one is to know who you are, remember." "But won't I look just a little odd getting on a transport in this costume?"

Therese laughed shakily. "No, they'll think you're Greta Garbo. Only a moment for that. Get on the skirt and leave the slacks right here. We'll get there just in time for you to get on the plane before they take off."

Tamar looked about her, seeing only dimly that they were in a seclusion spot. Otherwise, it might have been easy enough for her to call to some one for help and complicate things for Therese.

Tamar knew that Louise was waiting until after the plane left before he gave the word. They had gone to a lot to make her imprisonment comfortable and it seemed strange they would go to so much trouble. Was Therese lying to her about it being known that she would arrive in Atlanta by plane?

Tamar was dressed in a navy blue suit now, and noted how neatly perfectly it fit. At the last moment, Therese provided her with a matching jersey turtleneck, purse and cosmetics. "But keep on the glasses, my dear," she commanded her.

They were soon getting into traffic once more, but were outside the city. Tamar, not knowing how long it would take to reach Atlanta, could not think where they were. They turned into the airfield and she saw a blurred sign on one of the hangars.

Tamar was trembling. She wanted desperately to slip the glasses down and look at the sign, but knew that she would be able to see it later, anyway. Furthermore, Louise would not give the word at home that she was on the plane until it had left the field, and he would not have that word unless Therese wired him again. There was only one thing she could do, and that—obey.

"We'll go directly to the gate. And not into the terminal building at all. You march straight up to the hostess and give her your reservation."

Tamar walked to the gate. As she passed through, she saw a tall figure, that even through the dark glasses she knew must be Ranny. (To Be Continued)

It has been estimated that babies now eat about four times as much as their parents did when infants.

The deepest oil well in the world extends less than three miles downward.

At one time, there was no life to be found on the earth except in the sea.

## Youngest Nazi Marshal

Rommel Has Been Favorite Of Hitler For Many Years

At 50, Rommel is the youngest marshal in the German army. He is a rarity in the German officer class, for he has no "von" prefix to his name; he does not come from the Prussian military class and does not follow its code of behavior, such as it is. Rommel is frankly a Hitler "yes-man." The son of a Bavarian workman, he had joined the Hitler faction in 1923 and took a leading part in the numerous street brawls and gang warfare by which the Nazis were able to intimidate the German populace and batter their way to power. In those early days Rommel achieved a notable record for manning, murdering and pushing people around. His thugs were particularly successful in terrorizing the town of Coburg, and for this he earned Hitler's special gratitude, for it is this raid which Hitler in "Mein Kampf" edited with bringing about a turning point in his career. When Hitler came to power, Rommel became leader of the S.S. black guard, Hitler's own private army which guarded his person and attended to his private furies. It is said that next to Hess Rommel is Hitler's favorite. —Toronto Star.

## Home Canning

Full Information Can Be Obtained From Government Bulletin

Successful home canning depends on destroying all bacteria, yeasts, and moulds, and sealing the product in air tight containers, so that no contamination can take place to cause spoilage. At the same time the natural colour and flavour should be preserved. How this can be done is explained in the revised household bulletin, No. 8, "Canning Fruits and Vegetables."

Full information is given on checking equipment, washing and sterilization of jars, testing jar rings selection of product, grading or sorting product, washing and peeling, blanching when required, preparation of syrup, packing jars, processing or sterilizing, sealing, cooling, and storing, together with a time table for cooking and canning the various fruits and a time table for vegetables. Special recipes are also given for tomato juice and tomato soup.

The bulletin may be obtained free by writing to the Publicity and Extension Division, Department of Agriculture, Ottawa.

## SELECTED RECIPES

A change in bread does magic tricks with sandwiches. If the bread is homemade, butter alone is almost enough filling. Here is a recipe for an unusual tea bread made with corn flakes. Spread with cream cheese, it makes a supper, sandwich.

### Corn Flake Tea Bread

2 cups corn flakes  
1/2 cake compressed yeast  
1 cup milk  
1 tablespoon sugar  
1 teaspoon salt  
1 1/2 tablespoons melted shortening  
2 1/2 cups all-purpose flour

Roll corn flakes into very fine crumbs. Crumble yeast into a bowl. Scald milk and cool to lukewarm temperature. Add sugar, salt, and shortening until yeast is dissolved. Add sugar, salt, shortening and half the flour; beat until smooth. Combine corn flake crumbs with remaining flour and add to dough mixing well. Turn onto floured board and knead until smooth. Bake in greased greased bowl, brush with melted fat, cover, set in a warm place and let rise until double in bulk. Punch down and shape into loaf. Place in greased loaf pan and brush with melted fat. Cover and let rise again until double in bulk. Bake in moderately hot oven (425 degrees F.) 15 minutes; reduce heat to 375 degrees F. and bake about 45 minutes longer.

Yield: One loaf (4 1/2 x 8-inch pan).

### Peanut Butter Squares

1/2 cup butter or margarine  
2 1/2 cups marshmallows (about 2 1/2 dozen)  
1/4 cup peanut butter  
1 package oven-popped rice cereal (1 1/2 cups)

Cook butter and marshmallows in double boiler. Add peanut butter; beat thoroughly to blend. Put oven-popped rice cereal in large buttered bowl and pour on marshmallow mixture, stirring briskly. Press into shallow buttered pan. Cut into squares when cool.

Yield: 32 squares (two 8 x 8-inch pan).

## STOP THE ITCH OF Insect Bites—Heat Rash

For quick relief from itching of insect bites, heat rash, sunburn, etc., use this remedy. It is extremely easy to use. Simply apply a little to the affected area. It is non-toxic, non-irritating, and does not stain. It is also a good remedy for itching of the scalp, face, and body. It is also a good remedy for itching of the eyes, nose, and throat. It is also a good remedy for itching of the ears, mouth, and throat. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands. It is also a good remedy for itching of the skin, hair, and scalp. It is also a good remedy for itching of the feet, hands, and fingers. It is also a good remedy for itching of the toes, fingers, and hands. It is also a good remedy for itching of the nails, fingers, and hands.

## WHITE SHOES

Clearance of women's white shoes. Our total stock of white dress shoes, regularly sold up to 3.95. Several styles in the lot, but mostly ties with some pumps and oxford. **2.95**  
All sizes in the lot. Per pair

## SUMMER DRESSES

Sale of women's summer dresses. English spuns, Tahiti cloth and plain spuns. Regular up to 4.00 lines, consisting of these sizes only, one 13, one 14, three 16's, three 18's, two 20's. Act quickly. Clearing at **2.89**

## CHIFFON HOSE

Lovely new sheer hose made from combined yarns. You will be pleased with their sleek appearance and good fit. Super Silk make. Four good shades. Pair..... **1.00**



AYLMER PURE PLUM JAM, 4 pound tin	49c
MARMALADE, Hunters 3-fruit, 4 pound tin	59c
SALAD DRESSING, Miracle Whip, 32 ounce jar	49c
GRAVES APPLE JUICE, 20 ounce tins, 2 for	25c
TOILET SOAP, Lux, Camay, Cashmere Bouquet, 4 for	25c
JELLY, Crabapple, Red Currant, Peach, 12 oz. jars	25c
JELLO, the Better Jelly Powder, 3 packages for	25c
CLOVER LEAF SALMON, Fancy pink, 1's	25c

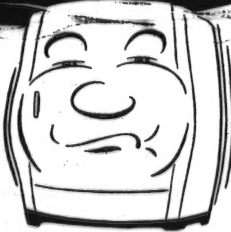
### J. C. McFarland Co.

IRMA

ALBERTA

## Be a Pal... TO YOUR ELECTRIC REFRIGERATOR

DON'T PACK IT  
TOO FULL....  
LET THE COLD  
AIR CIRCULATE  
FREELY.....



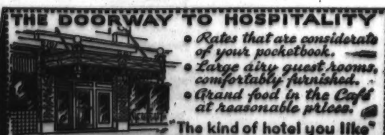
## 4 SPACE SAVING TIPS!

- Remove wilted leaves and all tops from vegetables.
- Don't crowd with unopened canned goods and other food items that will keep equally well on the pantry shelves.
- Put left-overs in the smallest containers that will hold them.
- Remove paper coverings from all except frozen foods.

By following these four simple space-saving hints, foods will keep better, your refrigerator will have less work to do and it will serve you for years longer.



### CALGARY POWER CO. LTD.



### ROYAL GEORGE HOTEL

101st Street, Edmonton

## LOCALS

Mrs. Milne and children arrived home last week-end from a holiday trip.

Mr. and Mrs. H. Cooper returned last week from their holidays at Calgary and Banff.

Mr. and Mrs. R. H. Smith left the first of this week for two weeks holidays.

Mr. S. M. New arrived home last Tuesday evening from a visit at Vancouver, B.C.

Mr. Frickelton arrived home from his holidays last week-end.

Mrs. R. L. Simmermon is visiting at the home of her sister, Mrs. Sparrow, in Saskatoon, this week.

Miss Ethel Arnold, of Edmonton, arrived home the first of this week for a month's holidays.

Miss Stella Steele has completed her stenographer's course in Edmonton and has accepted a position in the city.

Gather up all the scrap metal you have and bring it in. It is worth money and you will be paid for it immediately it is unloaded.

Ed Huffman, Hiram Barton and J. Jackson attended the Alberta Farmers' Union divisional convention at Vermilion on July 15, and reported a very successful time.

Mrs. J. Jackson visited friends in the Battle Heights district and attended the A.F.U. picnic at Battle Heights school on July 15.

Miss Mildred Hill, employed in the office of the highway traffic board, Edmonton, and president of the McDougall Young People's Union, has been to Belleville, Ont.

as one of three Alberta delegates to the dominion convention. On her return Miss Hill spent the remainder of her holidays at Sylvan Lake.

The congregations of Jarow and Batts United church will hold a lawn picnic at the home of Harold Whidden on Tuesday, July 28, commencing at 8 p.m. Softball, hot dogs, etc. Come one, come all.

At the last meeting of the Roseberry and Alma Mater Ladies Aid held at the home of Mrs. Watson, it was decided to hold a bean supper on the Alma Mater school grounds on Wednesday, July 29, commencing at 6:00 p.m. There will be games in the evening. Give your wife a half holiday and go to the Alma Mater school for your supper.

## World of Wheat

by H. G. L. Strange  
Director of the Searle Grain Co.

Heavy Wheat Crops of the Past

This is a year of heavy rainfall. Judging by the records of the past this year should see a heavy crop.

Since the year 1898—44 years—in twelve years the wheat yield for the three prairie provinces combined has averaged over 20 bushels to the acre, all being years with better than normal rainfall.

In only four of these years, however has each of the three provinces enjoyed a 30 bushel or better yield, during the same year.

These years were 1901, 1905, 1911 and 1915. The highest yield ever recorded for the three prairie provinces combined was in 1915 with an average of 25.9 bushels to the acre.

Next came 1901 with 25.1 bushels to the acre and 1902 with 21.5 bushels. The highest yield to the acre ever recorded by any one province was by Alberta in 1915 with 31.1 bushels to the acre.

1916 and 1923 would probably have been record years had it not been for the rust which took a heavy toll in Manitoba and part of Saskatchewan. Since 1935, when Thatcher was brought into the country—later followed by the use of other rust-resistant wheats—losses from rust have not been serious.

Since 1928 the three province combined have not produced an average yield of 20 bushels to the acre, the nearest being 1939 with 19.1 bushels.

Hem all such curtains exactly the same on top and bottom. Then they can be used either way and will give much more wear.

You can cut butter for the table in nice neat squares by putting a piece of wax paper over the knife.

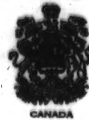
## SHIPPING HOGS

Every Tuesday and Wednesday up to 1 o'clock p.m.

Starting Car Every Week

HIGHER PRICES PAID

O. A. Lovig, Irma



## YOUR SCRAP METAL URGENTLY NEEDED!

This New Method makes Scrap Metal  
Collection easy for you.

More scrap steel and iron is urgently needed for more ships, tanks, planes, guns and munitions. You are asked to do your part by turning in every available ounce of scrap metal from your farm.

In order to facilitate the systematic collection of scrap iron and steel in the three Prairie Provinces, the Wartime Salvage Limited, a Government Company, has completed arrangements with the following Western Canadian Elevators for collection and purchase of scrap iron and steel:

Alberta Wheat Pool.

Saskatchewan Pool Elevators.

Manitoba Pool Elevators Ltd.

United Grain Growers Limited.

North-West Line Elevator Association.

These Companies handle and purchase this material on behalf of the Government without cost to the Government, and without profit to themselves. Any monies received over and above the actual cost of handling will be donated to War Charities.

An Agent of one of the above named Elevator Companies has been appointed in your district as an official buyer on behalf of the Wartime Salvage Limited. The price to be paid by these Agents has been fixed by the Department of Munitions & Supply at \$7.00 per net ton at the elevator, for all forms of scrap iron and steel excluding: (a) Sheet tin of any kind; (b) Automobile bodies and fenders; (c) Stovepipe; and (d) Wooden attachments.

This price applies at any designated point in the Prairie Provinces.

Your contribution to the war effort and to war charities is simplified by this arrangement and it will be more effective inasmuch as you now can take your scrap metal to the Elevator designated in your district and obtain a receipt for it from the Agent.

Should you desire to donate your scrap to the war effort, then such receipt voucher can be endorsed by you, payable to the Voluntary Salvage Committees in your community. The Voluntary Salvage Committees will use such money for war charitable purposes.

Your contribution of scrap iron and steel is urgently needed NOW. Dig out every available ounce of scrap on your farm and take it to the Elevator Agent nearest you without delay. Canadian war industry needs it badly.

Issued under authority of:

Department of Munitions and Supply

Department of National War Services

Wartime Salvage Limited

## WANT ADS

FOR SALE—Two-room house, 14 by 26, for cash. Mrs. A. James, Jarow. 10-17-24c

FOR SALE—One registered Yorkshire boar, age 2 years, Sept. 1. Apply to W. Inklin, phone 314, Irma. 24p

LOST—One red and white heifer, 16 months old, wire in breast, hole punched in left ear. Reward for recovery. Mrs. A. Miles, Box 246, Irma. 24-31-7p

EYES TESTED.  
GLASSES FITTED  
Thos. G. Dark, eyesight consultant and registered optometrist, will be at:

IRMA Drug store, 9 to 11:30 on Thursday morning, July 30.  
VIKING Drug store, 12 to 2:30 Thursday, July 30.



The Eland is the largest of the South African antelopes. The males sometimes stand six feet in height and weigh over 1500 pounds.



In these lean and trying times the practice of true economy is becoming more and more necessary to all of us. Budgeting and planned buying are now an important part of our everyday living.

That's why shopping from EATON'S Catalogue benefits you more than ever. No matter what you need—furniture, clothing, farm implements, harness, shoes, dress goods, seed—you'll find them in EATON'S Catalogue—all assuring you the utmost in value and satisfaction.

Shop from EATON'S Catalogue—STORES BETWEEN COVERS

T. EATON CO. CANADA

WINNIPEG

EATON'S

## TRAVEL BY BUS

WEEK-END EXCURSIONS ON ALL LINES

Leave Irma daily going West .....7:35 a.m.

Leave Irma daily, going East .....8:45 p.m.

Charter a bus for your next party trip. Find the low cost and added pleasure

GET MORE FOR YOUR TRAVEL DOLLAR BY BUS

Sunburst Motor Coaches Ltd.

## Wheat Pools Reduce "Street" Spread

The western Wheat Pools decided at an inter-provincial conference, held in Calgary on July 16 and 17, to reduce by 1/4c a bushel the spread in the handling of "street" wheat delivered to the Wheat Board through Pool elevators for the ensuing crop year. This means that the "street" spread in Board wheat handled by the Pools will be eliminated and farmers who deliver on that basis will receive the carlot price and benefit by 1/4c a bushel as compared with last year's charges. The Wheat Board has been advised accordingly.

This decision was reached because of special conditions which are certain to prevail in the marketing of the 1942 wheat crop. The present arrangement with the Wheat Board provides that a producer must deliver 750 bushels in order to qualify for carlot price. However, it is probable that the first quota will be five bushels to the acre and many farmers will not have a sufficient allotment to deliver 750 bushels, even though they may have substantial quantities of wheat in farm storage.

The Wheat Pools have taken the leadership in this matter just as they have in virtually every proposal to aid western agriculture in the past.

PATRONIZE

### ALBERTA POOL ELEVATORS

Advertising Stimulates Trade